



2015 Anytime Fitness Forest Hill Duathlon

2 Mile Run – 9.5 Mile Bike – 2 Mile Run

Saturday, May 30, 2015

7:30 AM

Anytime Fitness, Forest Hill, MD

Entry Fee:

Individual - \$45 until April 25, **\$55** until May 29, **\$70** on race day (*Participants who are not current USAT members will be required to purchase a one-day license for an additional \$12.00*)

Team Relay - \$80 per team until April 25, **\$90** per team until May 29, **\$110** per team on race day (*Participants who are not current USAT members will be required to purchase a one-day license for an additional \$12.00*)

Do not mail registrations after 5/20; online registration is available until 5/27)

- o Visit www.EliteRaceManagement.com for online registration through Active.com
- o **Or** mail registration form and check payable to **Anytime Fitness** to P.O. Box 44608 Baltimore, MD 21236

Pre-Race Packet Pick Up:

- Friday, May 29th from 5 PM-7 PM at Anytime Fitness in Forest Hill
- Saturday, May 30th from 6 AM – 7:10 AM at Anytime Fitness in Forest Hill

Awards:

Individuals:

- Top 3 Overall – Male & Female
- Top 3 / Age Group – Male & Female, 19 & Under, 20 – 24, 25-29, 30 – 34, 35 – 39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, and 60+

Team Relay:

- Top Male, Female, and Mixed Gender Team Overall

Course:

USAT sanctioned course with both running segments on a portion of the Ma & Pa Trail (asphalt, cinder & wood surfaces) and the bike segment features rolling hills, majority of distance is on wide roads with shoulders

Amenities:

T- shirts for all participants (*shirt sizes not guaranteed for those who register after May 15*), chip timing, water available on course, post-race refreshments, onsite medical professionals, course marshals, signs throughout the course, and onsite parking

3rd ANNUAL ANYTIME FITNESS FOREST HILL DUATHLON – MAY 30, 2015 – 7:30 AM

Contact Info:

First Name: _____ Last Name: _____ MI: _____

Mailing Address: _____ City: _____ State: _____

ZIP Code: _____ E Mail Address _____ Telephone # _____

Personal Info:

Age on race day: _____ Birth Date: _____ Male or Female: _____

Payment Information: (make checks payable to: Anytime Fitness)

Shirt Size: (circle one) **S** **M** **L** **XL**

Please check next to the correct amount:

<input type="checkbox"/>	Individual Registration	\$45.00 until 4/25, \$55 until 5/29, \$70 on race day
<input type="checkbox"/>	Relay Registration (Each member must fill out a separate form & attach)	\$80.00 per team until 4/25, \$90 per team until 5/29, \$110 on race day
<input type="checkbox"/>	USAT 1 Day License (REQUIRED for NON USAT MEMBERS)	+ \$12 OR Write in 2015 USAT Membership # _____
		Total Payment Amount: \$ _____

Waiver/Release Must Be Signed Before Mailing:

In consideration of the acceptance of my entry, I, on behalf of myself, my heirs, executors and assignees, hereby release and discharge Elite Race Management LLC, Anytime Fitness Forest Hill, the race director, Harford County, MD, volunteers and race sponsors of all claims, damages, demand, actions, whatsoever in any manner arising out of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate. Further, I hereby grant full permission to any and all of the foregoing to use my name, photographs, videotapes, motion pictures, recordings or other record of this event for any legitimate purpose, without compensation or remuneration.

Signature (parent or guardian signature if under18)

Date