



# Running With The Rams 5k

Saturday, August 13, 2016

8:00 AM

Edgewood High School – Edgewood, MD

Join us for the Running with the Rams 5k, and help support the Edgewood High School Booster Club and the EHS cross country teams. Proceeds will be used to purchase new uniforms, equipment, and offset the cost of attending meets.

### Entry Fees:

#### 5k Race

\$20 until June 5

\$25 until July 19

\$30 after July 19, including race day

Do not mail registrations after 8/2; online registration is available until 8/11)

- o Visit [www.EliteRaces.com](http://www.EliteRaces.com) for online registration through [Active.com](http://Active.com)
- o Or mail registration form and check (payable to **Edgewood High School**) to Elite Race Management, P.O. Box 314, Jarrettsville, MD 21084

### Pre-Race Packet Pick Up:

- Saturday, August 13<sup>th</sup> from 7:00-7:50 AM at the Edgewood High School Track (2415 Willoughby Beach Road, Edgewood, MD 21040)
- Additional pickup opportunities may be announced – check <http://eliteracemanagement.com/running-with-the-rams/>

### Awards

Individuals:

- Top 3 Overall – Male & Female
- Winner / Age Group – Male & Female, 19 & Under, 20 – 29, 30 – 39, 40 – 49, 50 – 59, and 60+

### Course:

USATF sanctioned event on the track and roads surrounding Edgewood High School. Course map available on EliteRaces.com.

### Amenities:

T- shirts for all participants (*shirt sizes and availability not guaranteed for those who register after August 1*), water available on course, and course marshals directing runners at major turns.

## RUNNING WITH THE RAMS 5K – AUGUST 13, 2016 – EDGEWOOD HIGH SCHOOL – 8:00 AM

### Contact Info:

(Please fill out a separate form for each registrant)

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ MI: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

ZIP Code: \_\_\_\_\_ E Mail Address \_\_\_\_\_ Telephone # \_\_\_\_\_

### Personal Info:

Age on race day: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Male or Female: \_\_\_\_\_

**Payment Information:** (make checks payable to: Elite Race Management)

**Shirt Size:** (circle one – Mens sizing)    **S**    **M**    **L**    **XL**

**Please check next to the correct amount:**

<input type="checkbox"/>	5k Early Registration (until 6/5)	\$20.00
<input type="checkbox"/>	5k Regular Registration (until 7/19)	\$25.00
<input type="checkbox"/>	5k Late Registration (after 7/19, including race day)	\$30.00

**Total Payment Amount: \$** \_\_\_\_\_

### Waiver/Release Must Be Signed Before Mailing:

In consideration of the acceptance of my entry, I, on behalf of myself, my heirs, executors and assignees, hereby release and discharge Elite Race Management LLC, Harford County Public Schools, its directors, officers, employees and volunteers, the race director, Harford County, MD, USATF, volunteers and race sponsors of all claims, damages, demand, actions, whatsoever in any manner arising out of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate. Further, I hereby grant full permission to any and all of the foregoing to use my name, photographs, videotapes, motion pictures, recordings or other record of this event for any legitimate purpose, without compensation or remuneration.

Signature (parent or guardian signature if under18)

Date